

Dolomiaea costus



Scientific Name: *Dolomiaea costus*

Common Name: Indian Costus / Kuth

Local Name: Rus-Ta

Family: Asteraceae

Description: *Dolomiaea costus* is a perennial medicinal herb native to the Himalayan region. It has a short, stout stem and large, broad, leathery leaves with prominent reticulate veins. Young plants form a basal rosette, while mature plants produce an erect flowering stem.

Part Used: Root

Traditional Uses: The aromatic root is traditionally used in herbal preparations and is valued for its medicinal and aromatic properties.

Habitat: Himalayan and high-altitude regions.