

SKOTSE – WILD GARLIC



Scientific Name	<i>Allium przewalskianum</i>
Local Name	Skotse
Common Name	Wild Garlic
Family	Amaryllidaceae

Description

Skotse is a perennial Himalayan herb with narrow, grass-like leaves and pinkish-purple flower heads. It occurs naturally in high-altitude regions, including Ladakh.

Uses

- Young leaves are used as a seasonal edible green.
- Leaves and bulbs are used as a flavouring ingredient.
- Tender leaves may be used in local food preparations and chutneys.
- Traditionally valued in Ladakhi folk medicine.
- Allium species contain sulfur-containing compounds and other bioactive substances.
- Traditionally associated with digestive and general-wellness uses.

Ecological Value

Its flowers contribute to high-altitude biodiversity by providing resources for visiting insects, and the plant forms part of the natural flora of Himalayan ecosystems.

QR Code Tagline: “Skotse – a local Himalayan herb linking food, traditional knowledge and biodiversity.”

Note: The medicinal statements above describe traditional/local uses and should not be taken as proven medical treatments.